

PROMOTING HEALTH AND HYGIENE

Nappy Changing

Statement of Intent

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

The following procedures are followed if children are not fully toilet trained:

- Key persons have a list of children in their care who are in nappies or 'pull-ups'
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottom cleaned.
- Each young child has their own bag to hand with their nappies or 'pull-ups' and changing wipes.
- Gloves are put on before changing starts and the areas are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it or talk to a friend who is using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand.
- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Key persons do not make inappropriate comments about children's genitals when changing their nappies.
- We leave the toilet door ajar whilst changing nappies / pull ups or clothes.
- Parents and key persons to have a conversation when toilet training is starting.

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- Key person to support toilet needs fully in first few weeks: this may include helping with clothing, getting onto toilet and some wiping if necessary.
- Parents are informed that children are encouraged to be independent in wiping, pulling clothes up and down, personal hygiene and telling key person that they need the toilet.
- Toilet trained children access the toilet when they have the need and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.

If children are left in wet or soiled nappies or pull ups in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

Signed

Date.....

Review Date.....